

**Lynette Ingram Cassel, ATR, LMHC**

Client Information

Date: \_\_\_\_\_

**Identification**

Client Full Name: \_\_\_\_\_

Client date of birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Best phone #: (home/cell?) \_\_\_\_\_ Ok to leave a message? \_\_\_\_\_

E-mail: \_\_\_\_\_

Name of emergency contact: \_\_\_\_\_ Relationship to client: \_\_\_\_\_ Phone \_\_\_\_\_

If not client, your name and relationship: \_\_\_\_\_

How did you hear about Lynette? \_\_\_\_\_

*\*Statements referring to "you" mean the client, which may be your child if listed above.*

**Health Insurance Information**

Insurance Company: \_\_\_\_\_ Insurance Number: \_\_\_\_\_

Primary Insured? Y/N If not, who? \_\_\_\_\_ DOB \_\_\_\_\_

Behavioral/Mental Health Benefit Phone #: \_\_\_\_\_

Did you need an authorization for sessions? \_\_\_\_\_ Co-payment amt \_\_\_\_\_

**Health Information**

Please answer the following questions using: 5 . Excellent, 4 . Good, 3 . Average, 2 . Poor, 1 - Failing

How would you currently rate your physical health: \_\_\_\_\_ mental health: \_\_\_\_\_

Please list current symptoms (reason you are here) and circle those you currently find most bothersome:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

From whom or where do you get your medical care?

Clinic/doctor's name: \_\_\_\_\_ Phone: \_\_\_\_\_

Do you now have, or have you had in the past, any significant medical issue (ex. asthma, diabetes, high blood pressure, major surgery, digestive disorder, sleep disorder, miscarriage)? If so, please list here:

\_\_\_\_\_

Please list any current prescription medications/what medication is treating:

\_\_\_\_\_  
\_\_\_\_\_

Please list any over the counter medications, vitamins, or herbal supplements you are currently taking:

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Do you use alcohol or drugs? \_\_\_\_\_ What/how often? \_\_\_\_\_

Are you currently receiving other mental health services? \_\_\_\_\_

Name of provider: \_\_\_\_\_ Type of service \_\_\_\_\_

Phone number: \_\_\_\_\_

If you enter treatment with me, may I consult with your health provider(s) so that he or she can be fully informed and we can coordinate your treatment?  Yes  No (I will provide separate consent form).

Have you/your child been hospitalized for mental health purposes in the past? \_\_\_\_\_ When? \_\_\_\_\_

Have you participated in mental health or substance abuse treatment in the past? \_\_\_\_\_

Where/ When? \_\_\_\_\_

Was it helpful? \_\_\_\_\_

Have you/child felt like harming self or others recently or in the past? \_\_\_\_\_

### **Personal information**

Religious and racial/ethnic identification \_\_\_\_\_

Current religious denomination/affiliation \_\_\_\_\_

Involvement:  None  Some/irregular  Active

How important are spiritual concerns in your life? \_\_\_\_\_

If adult is client, what is your occupation? \_\_\_\_\_

Name of employer? \_\_\_\_\_

### **Your education and training**

Highest degree completed/area of study \_\_\_\_\_

If child, what grade, and name/location of school? \_\_\_\_\_

Are there any educational accommodations or IEP in place? If yes, give details. \_\_\_\_\_

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Are you involved in any legal matters (ex,probation, custody)? \_\_\_\_\_

### **Family Information**

With whom do you live currently? What is your relationship to them (spouse,parent, roommate, child, etc). Please list name and ages below:

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If adult is client, are you currently in a relationship? If so, name person, length of relationship and status.

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If adult is client, do you have children (including not living with you)? If not listed above, please

list name/age here. \_\_\_\_\_

Were you or child adopted: \_\_\_\_\_ If yes, age at time of adoption: \_\_\_\_\_

Domestic or international adoption (circle one). State or Country of birth \_\_\_\_\_

Are you/child in contact with birth family? \_\_\_\_\_ Type of contact \_\_\_\_\_

Were you/child ever in foster care or residential care: \_\_\_\_\_ If yes, list dates and placement details:

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Do you have siblings? If not listed above, please list name, age, and place of residence below:

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If adult is client, where did you grow up? \_\_\_\_\_

Parents names, age, and current relationship/contact with them: \_\_\_\_\_

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Have you or anyone in your family ever been diagnosed with a mental illness? If yes, please list relation  
ship(s) and illness(es): \_\_\_\_\_

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Have you or anyone in your family ever experienced abuse/neglect/violence? If yes, please list whom  
and which experience \_\_\_\_\_

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Is there any other information you think I should know? \_\_\_\_\_

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Thank you for sharing this information. I will go over it with you in more detail in our sessions. Please let me know if you have any questions. This information remains confidential, as outlined in the notice of privacy practices you received.