

**LYNETTE INGRAM, ATR LMHC**  
**259 Massachusetts Avenue Arlington, MA 02474**  
**617-855-5749 • ingramcasselcounseling@gmail.com**

CLINICAL EXPERIENCE

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- 8/12 - present **Private Practice • Arlington, MA**  
Provide individual and family therapy for children and adults.
- 9/09-present **Lesley University, Graduate School of Arts and Sciences, Expressive Therapies Division, Cambridge, MA • Adjunct Faculty Member**  
-Teach courses on Clinical Skills and Applications, Supervision I, Theories of Art Therapy, and Group Art Therapy to graduate art therapy students.
- 9/07-03/12 **Center For Family Connections, Cambridge, MA • Staff Clinician/Supervisor**  
-Provide individual, family, couples, and group therapy to people of all ages in complex family systems formed through adoption and foster care.  
-Supervise master's level clinical interns in weekly individual sessions  
-Participate in weekly Clinical Team meetings for case assignments and organizational planning
- 8/04-10/07 **Littleton Group Home, Justice Resource Institute, Littleton, MA • Clinician**  
Multi – modal therapy skills  
-Provide weekly individual, group, and family counseling to culturally and economically diverse adolescents & families with emotional disorders using talk, art therapy, and wellness methods  
-Assess/stabilize clients in crisis for suicidal ideation, anxiety, self-harm, substance use and aggression  
-Excellent progress notes, goal oriented treatment plans, and daily documentation of services  
Supervision/training experience  
-Co-supervise counseling staff in clinical skills, and co-lead 2 weekly group supervision sessions  
-Active member of administrative team advising/planning for 16 resident/ 18 staff member agency  
-Coordinate trainings on mindfulness, suicide prevention/assessment, stress reduction  
Assessment/consultation skills  
-Provide comprehensive intake assessments, diagnosis, treatment and discharge plans  
-Make referrals for additional community, medical, and educational resources  
-Consult weekly with psychiatrist/ families/ social workers/ collaterals  
-Lead quarterly treatment planning conferences for 8 clients, and participate in all affiliated meetings
- 8/02-6/04 **Farr Academy, Therapeutic Day School, Cambridge, MA • Art Teacher/Counselor**  
Therapeutic/counseling skills  
-Provided individual counseling and case management for emotionally and learning disabled students  
-Supported/counseled parents and provided communication about school progress  
-Wrote quarterly IEP progress reports for social/emotional and academic goals  
Educational/team experience  
-Provided therapeutic art instruction, lesson planning, and management of classroom environment  
-Worked as a member of a multi-disciplinary treatment/educational team communicating and planning for school and departmental goals

- 1/02-5/02 **Edmarc Hospice for Children, Norfolk, VA area • Art Therapy Intern**  
- Provided in-home art therapy for terminally ill and bereaved children and families
- 8/01-12/01 **Veterans Affairs Medical Center, Hampton, VA • Art Therapy Intern**  
-Provided individual & group art therapy for adults in an acute inpatient psychiatric setting
- 1/01-6/01 **Newport Academy, Newport News, VA • Art Therapy Intern**  
-Assisted in therapeutic art classes and provided individual therapy for students with emotional disturbance and developmental delay

#### EDUCATION

- 2000, 2007 **Post graduate coursework • Cambridge College, Cambridge, MA**  
-Multi-cultural counseling and psychological assessment
- 2002 **M.S. in Art Therapy • Eastern Virginia Medical School, Norfolk, VA**
- 2000 **B.F.A. in General Fine Arts • Maryland Institute College of Art, Baltimore, MD**
- 1999 **Semester Abroad • Studio Art Centers International, Florence, Italy**

#### PROFESSIONAL PRESENTATIONS

- 7/09, 7/10/ 7/11 **Uses of Art and Expressive Therapy with the Adoption Triad workshop; Panel speaker on Self Care**, at Center For Family Connections annual ARC summer intensives conference
- 1/10, 1/11 **Child Sensitive and Centered Treatment in Adoption**, Presented at Center For Family Connections year long training series.
- 3/08, 3/09 **Art Therapy Projective Imagery Assessment**, Guest Lecturer at Lesley University art therapy assessment class
- 3/09 **Therapeutic Activities for Children Touched by Adoption: Supporting the Child's Whole Self**, Presented at the 36<sup>th</sup> Annual New England Adoption Conference
- 2/09 **Fix the Roof While the Sun is Shining: Building Proactive Therapeutic Relationships for Children**, Presented at the 4<sup>th</sup> International Conference on Post Adoption Services
- 7/08 **Uses of Narrative Therapy**, Workshop at Center For Family Connections annual ARC summer intensives conference

#### RELATED SKILLS AND TRAINING

- 2006 **Health Realization practitioners training, Northeast Health Realization Institute, VT**  
-98 hour training in a principle based/innate health approach to psychology with short-term efficacy
- 2006 **Suicide Prevention and Assessment Trainer, Justice Resource Institute**

#### LICENSURE/PROFESSIONAL AFFILIATIONS

- Licensed Mental Health Counselor (LMHC)** in Massachusetts #6326
- Registered Art Therapist (ATR)** by the Art Therapy Credentials Board
- Past President**, New England Art Therapy Association, 6/08 – 9/10
- Professional member** of the American Art Therapy Association